

Continuing Medical Education  
128 Lakeside Avenue, Suite 100  
Burlington, Vermont 05401



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## Vermont Geriatrics Conference

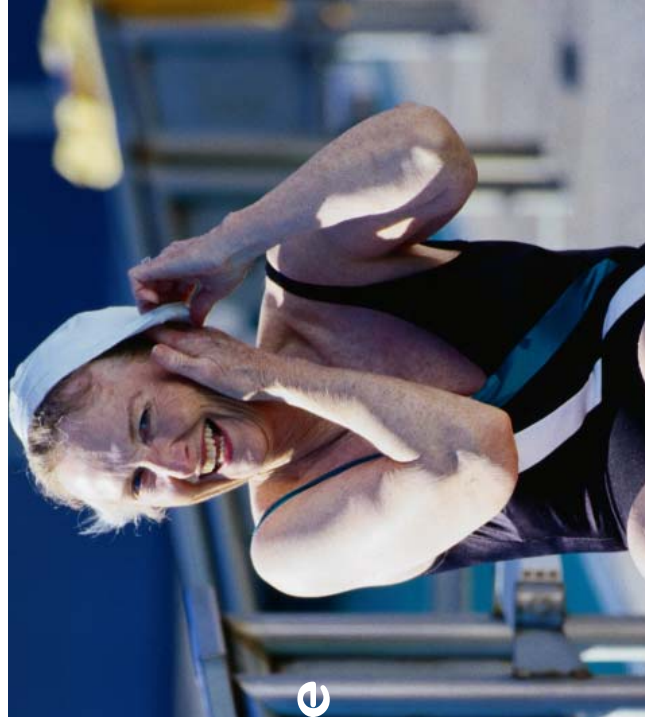
**April 6, 2010**

Sheraton Hotel  
Burlington, Vermont

The Vermont Area Health  
Education Centers (AHEC) Network  
presents the

# Vermont Geriatrics Conference April 6, 2010

Sheraton Hotel ~ Burlington, Vermont



## Conference Description

The 5th Annual Vermont Area Health Education Centers (AHEC) Geriatrics Conference will be a one-day symposium covering practical and provocative issues in medical care of older adults. Physicians, nurses, nurse practitioners, physician assistants, pharmacists, and other health professionals with an interest in the care of older adults are encouraged to attend. With this year's conference, we begin a four-year cycle in which we will provide an overview and update of the major topics in the core curriculum of geriatric medicine. This year's agenda covers clinical syndromes such as common, yet little-known, neuropsychiatric disorders, controversies in the prevention of thrombosis and assessment of gait and balance disorders. Participants will have the opportunity to choose two of three breakout sessions. Ample time for discussion and questions has been built into the schedule, including a special session for case discussion with University of Vermont faculty.

Vermont AHEC improves access to quality healthcare through its focus on workforce development; it is a partnership between the Northeastern Vermont AHEC, Champlain Valley AHEC, Southern Vermont AHEC, and the University of Vermont College of Medicine AHEC Program. AHEC believes that success in healthcare innovation, transformation, and reform depends upon an adequate supply and distribution of well-trained healthcare professionals.

## Learning Objectives

1. Improved ability to diagnose neuropsychiatric conditions in older adults.
2. Greater understanding of how experts approach clinical decision-making regarding the risks and benefits of antiplatelet and anticoagulation therapies in geriatric patients.
3. Increased clinical skills to assess common clinical conditions such as skin wounds, gait disorders and confusion in older adults.
4. Improved clinical skills to provide emotional support and counseling to distressed elders.
5. Gain ability to discuss innovative approaches to community care of the frail elderly and apply them to your practice.

## Registration

The registration fee for this conference is \$195 for physicians and \$150 for non-physicians, physician residents, and students (includes all course materials, breakfast, breaks and lunch). There will be limited enrollment for this program - please register early.

**Refunds:** Refunds, minus an administrative fee of \$50, will be made only if notice of cancellation is received, in writing, by March 23, 2010. No refunds are possible after that date.

## Accreditation

The University of Vermont College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Vermont designates this educational activity for a maximum of 8 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Applications for CEU credit will also be filed with the Vermont Board of Nursing Home Administrators and the Vermont Board of Pharmacy.

This program has been reviewed and is acceptable for up to **8** Nursing Contact Hours.\*

\*The University of Vermont, Office of Continuing Medical Education, is approved as a provider by the Vermont State Nurses' Association, Inc., which is accredited as an approver of continuing education in nursing by the American Nurses' Credentialing Center's Commission on Accreditation.

# FACULTY

# SCHEDULE

# REGISTRATION FORM

Vermont Geriatrics Conference - April 6, 2010

**Julie Adams, PT, DPT**  
Physical Therapist and Manager  
Rehabilitation Outpatient Center  
Fletcher Allen Health Care

**Zail Berry, MD, MPH**  
Associate Clinical Professor, Medicine  
University of Vermont  
Private Practitioner, Palliative Medicine

**Elizabeth Davis, RN, MPH, LLD (Hon)**  
Adjunct Faculty  
University of Vermont  
Nurse Consultant  
Vermont Health Foundation

**Thomas DeLoughery, MD, FACP**  
Professor of Medicine, Pathology and Pediatrics  
Divisions of Hematology/Oncology and  
Laboratory Medicine  
Section Head, Benign Hematology  
Director of Anticoagulation Clinic  
Oregon Health and Science University  
Portland, Oregon

**Danielle Frey, PT, PhD**  
Physical Therapist  
Rehabilitation Outpatient Center  
Fletcher Allen Health Care

**Amanda Kennedy, PharmD, BCPS**  
Research Assistant Professor, Medicine  
University of Vermont

**Marvin Kliikunas, MD**  
Associate Professor, Medicine  
University of Vermont

**Frank Landry, MD, MPH, FACP**  
Clinical Associate Professor, Medicine  
University of Vermont  
Medical Director, PACE-VT  
Medical Director, Birchwood Terrace Health Care  
President, Vermont Internal Medicine

**Charles MacLean, MD**  
Professor, Medicine  
Associate Dean for Primary Care  
University of Vermont

**Clifford Singer, MD**  
Course Director  
Clinical Associate Professor, Psychiatry  
University of Vermont  
Practice in Geriatric Neuropsychiatry  
and Nursing Homes

**Cynthia Whitehead, RN, CWON**  
Wound/Ostomy Nurse Clinician  
Fletcher Allen Health Care

**Sally Young, PhD**  
Clinical Assistant Professor, Psychiatry  
University of Vermont

7:15-7:50am Registration & Continental Breakfast

7:50-8:00 **Welcome & Introduction**  
**Clifford Singer, MD**

8:00-9:00 **Models of Community Care for Frail Elderly**  
**Elizabeth Davis, RN, MPH, LLD (Hon)**  
**Frank Landry, MD, MPH, FACP**

9:00-10:00 **Anticoagulation/Antiplatelet Risks and Benefits in Old Age**  
**Thomas DeLoughery, MD, FACP**

10:00-10:15 **Break**

10:15-11:15 **The House Call is Back: Rediscovering the Joy in Doctoring**  
**Zail Berry, MD, MPH**

11:15-12:15 **Comprehensive Fall Risk Assessment in Community-Dwelling Elders**  
**Julie Adams, PT, DPT**  
**Danielle Frey, PT, PhD**

12:15-1:15pm **Lunch (provided)**

1:15-2:15 **Concurrent Breakout Sessions**

1. **Mental Status Exam**  
**Clifford Singer, MD**

2. **Brief Psychotherapy Models with Older Adults**  
**Sally Young, PhD**

3. **Wound Care for Today**  
**Cynthia Whitehead, RN, CWON**

2:15-3:15 **Topics in Geriatric Neuropsychiatry**  
**Clifford Singer, MD**

3:15-3:30 **Break**

3:30-4:30 **Concurrent Breakout Sessions**

1. **Mental Status Exam**  
**Clifford Singer, MD**

2. **Brief Psychotherapy Models with Older Adults**  
**Sally Young, PhD**

3. **Wound Care for Today**  
**Cynthia Whitehead, RN, CWON**

4:30-5:30 **Stump the Professors: Clinical Case Discussion**  
**Amanda Kennedy, PharmD, BCPS**  
**Marvin Kliikunas, MD**  
**Charles MacLean, MD**  
**Clifford Singer, MD**

5:30 **Conference Adjourns**

Course #10-801-64

Name (As you would like it to appear on name tag & CME Certificate) \_\_\_\_\_  
 Degree:  MD  DO  PA  NP  RN  PhD  RT  
 Other (please specify) \_\_\_\_\_

Your Worksite \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Specialty \_\_\_\_\_

Email Address \_\_\_\_\_

Initials \_\_\_\_\_ Last 4 digits of SSN (for CME tracking purposes) \_\_\_\_\_

**Breakout Sessions:** Registrants will attend two of three breakout sessions offered. Please rank order your preferences from 1 (most) to 3 (least desirable). There is limited enrollment in each session. Assignments will be made in order of registration receipt.

- \_\_\_\_\_ Mental Status Exam  
 \_\_\_\_\_ Psychotherapy Models  
 \_\_\_\_\_ Wound Care

## Registration Fee Summary:

- \$195 Physicians  
 \$150 Non-Physicians, Physician Residents, & Students

## Payment Method

- Check (payable to the University of Vermont)  
 Visa  MasterCard  AmEx

Credit Card # \_\_\_\_\_ Expiration \_\_\_\_\_

Name as it appears on the Card (please print): \_\_\_\_\_

Please provide billing address if different from above:  
 \_\_\_\_\_  
 \_\_\_\_\_

**Mail to:** UVM Continuing Medical Education  
 128 Lakeside Avenue, Suite 100  
 Burlington, VT 05401  
**Phone:** (802) 656-2292 **Fax:** (802) 656-1925  
**Online:** http://cme.uvm.edu

**Registration requested by March 20, 2010**